

# GINGER BENNETT

WHEN WE LOVE - HOW MUCH DO WE GIVE AWAY? A POWERFUL AND FUNNY EXPLORATION THROUGH SPOKEN WORD AND SONG

## The Songs

The Old Rugged Cross	Bennard
Children of the Ghetto	Amoo & Amoo
Trying Times	Hathaway & Hutson
How's Your Heart	Bennett & Knight
Angel	C. Franklin & Sanders
Humble	Bennett & Knight
Singing My Way Free	Frances Knight
When Your Life was Low	Jennings & Sample
Flight	Bennett & Knight
Legacy	Ginger Bennett
Better	Bennett & Knight
My Island in the Sun	Belafonte & Burgie
Water Under Bridges	Gregory Porter
This Woman's Work	Kate Bush*
Both Sides Now	Joni Mitchell*

*\*additional lyrics by Ginger Bennett*

## Special Thanks

The Arts Council England. Tower Theatre Folkestone.  
Kent Sport University of Kent . Bromley Little Theatre .  
The Canterbury Festival Team. Peter Brown

Songs from my soul



Pizza Express 99 High Holborn London WC1V 6LF  
Telephone 0207439 4962 Doors 6:30pm Show time 8pm  
[www.songsfrommysoul.com](http://www.songsfrommysoul.com)





## Songs from My Soul

Written & Produced by Ginger Bennett

Original Music Frances Knight & Ginger Bennett

Bernadette	Ginger Bennett
Aretha	Maxine Edwards
Vocals	Ginger Bennett
Piano	Frances Knight
Bass	Martin Elliott

Lighting Design	Giuliano Bocca
Publicity	Kate Myrie, Just Kate
Sound Design	Justin Emrys
Director	Michael Amerstorfer
Musical Director	Frances Knight

## Songs from My Soul

A powerful exploration of a mother-daughter relationship through song and spoken word. This funny, poignant play follows Bernadette and her parents' journey as first and second generation immigrants from the West Indies.

When life is a struggle to survive, how much can we afford to show of our true selves? Because no matter what life throws at us, music carries us through...

Songs by Aretha Franklin, Roberta Flack, Gregory Porter, as well as inspirational new material by Frances Knight and Ginger Bennett.

